

# Emotional Wellbeing Survey – Summary Results

## Introduction

We are currently developing a new Emotional Wellbeing strategy and wanted to understand the mild to moderate emotional wellbeing needs of children and young people in the borough.

The Emotional Wellbeing strategy sets out our priorities for the next three years in relation to the mild to moderate emotional wellbeing needs of children and young people.

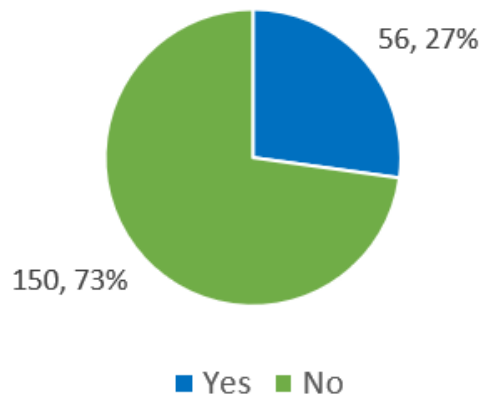
The results from the survey will be used alongside feedback from schools, children and young people, emotional wellbeing providers and other professionals.

The survey was open to parents/carers of children in the borough between 8 February and 22 March 2023 and was advertised through council social media channels and news letters as well as to schools and other local youth groups/services.

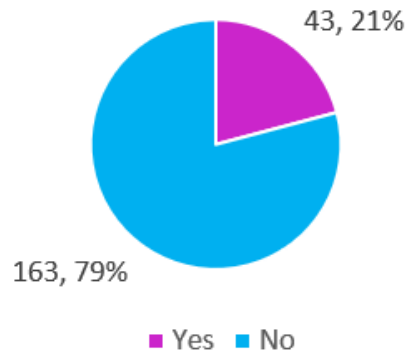
108 people took part in the survey, representing 206 children and young people.

## Summary results

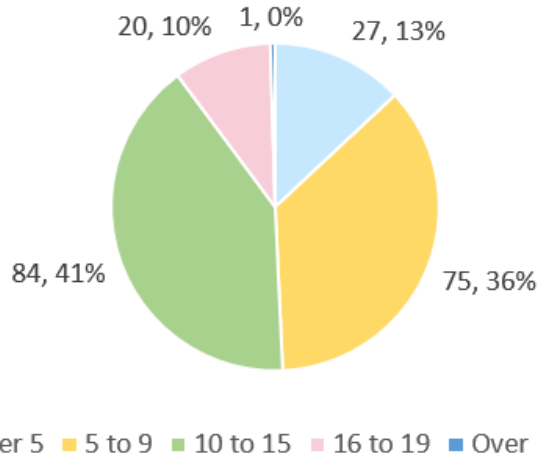
Is your child on a diagnostic pathway or does your child have a diagnosed condition?



Does your child have an Education, Health and Care Plan (EHCP) or is your child in receipt of SEND support?

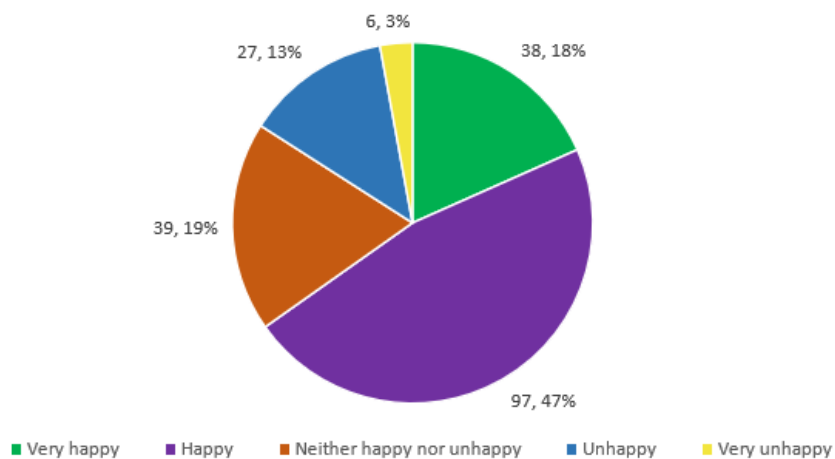


How old is your child?

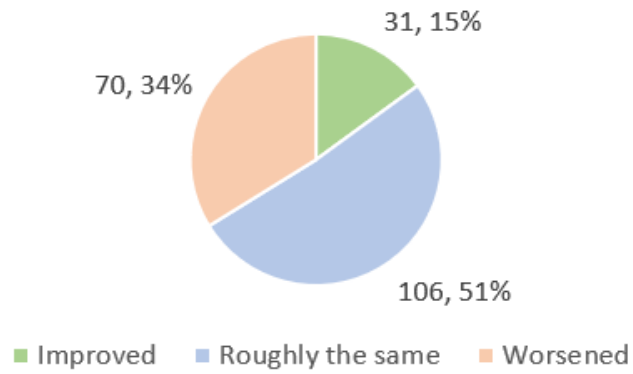


Under 5 5 to 9 10 to 15 16 to 19 Over 19 SEND

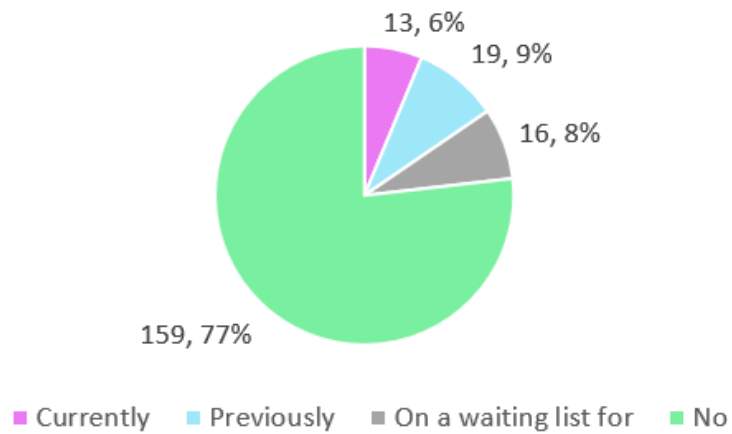
How would you describe the current emotional health and wellbeing of your child/young person?



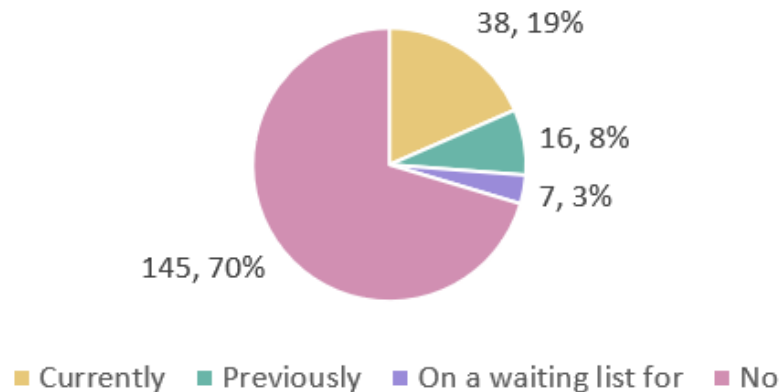
Do you feel that the emotional wellbeing of your child has improved, worsened or stayed the same over the last 12 months?



Has your child accessed support for emotional wellbeing outside school?



### Has your child accessed support for emotional wellbeing in school?



A summary of the issues people raised include:

- Stable schooling, events and clubs reopening and being with friends since Covid-19, alongside receiving additional support and/or change in school situation has helped improve emotional wellbeing.
- The reason for emotional wellbeing worsening include school pressures, age/hormones, global issues, friendship issues, change in home circumstance and not getting enough support.
- Children and young people have received a range of support, including nurture groups, therapists, play therapists, school nurse, psychiatrist, Mental Health Support Team and Elsa support.
- Parents would find peer support, friendship clubs, more mental health practitioners, better support from teachers, clearer pathways and 'tween' support useful.
- Parents wanted us to consider some other things as part of the strategy, including emotional wellbeing needs linked to SEND and looked after children, improving transition to adult services, improved knowledge in schools, more advertising of available services, understanding to parents and making sure that schools are equipped to give focus to all children, not just SEND.

### Next steps

We will now be using the comments to develop the Emotional Wellbeing Strategy and will share more when it is available.